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# PROBIOTICS

## The Friendly Bacteria

### What They Are

Probiotics are the living *soil based organisms* that help us metabolize (digest) our food. They come from healthy soil. We used to get them when we ate the fresh, raw, organic food we gathered as we walked barefooted through the forests and savannas. But now our food comes from the *dead soil of industrial farms*. However, there is help!

### ProTerra Digestive Aid

*ProTerra Digestive Aid* is the *most complete* probiotic supplement you can buy. There are over **90** different species of living soil based organisms in each capsule. They don't need refrigeration. And they are affordable.

### Why We Need Them

We can't metabolize (digest) our food without probiotics. These living organisms do wonders for us in two critical ways: 1) they help us *stay healthy*, and, 2) if we get into trouble, they help us *regain our health*.

### Consider These Benefits

- *Probiotics* improve digestion.
- They make *vitamins B3; B6; folic acid; and biotin*.
- They make the enzyme *lactase*.
- They kill or deactivate *disease-causing bacteria*.
- They kill invading *bacteria, viruses, and yeast*.
- They help *reduce high cholesterol* levels.
- They *deactivate many dangerous pollutants*.
- They help protect us against *radiation*.
- They help *reduce menopausal symptoms*.
- They help *prevent osteoporosis*.
- They are useful in the treatment of *acne, psoriasis, eczema, allergies, migraine, gout, rheumatic and arthritic conditions, cystitis, candidiasis, colitis, irritable bowels, and some forms of cancer*.

### The Various Ways We Hurt Our Friendly Bacteria

*The heat of cooking* kills all probiotics.  
*Stress* in our lives kill probiotics.  
*Gasoline fumes* and *air pollution* kill probiotics.

*Chlorinated tap water* kill probiotics.  
*Antibiotics* kill *probiotics*.  
*Birth control pills* kill them, too.

*Hormone therapy* kills probiotics  
*Diarrhea* sweeps the body clear of probiotics.  
*Toxins of constipation* weaken probiotics.

*Junk food, tobacco, and alcohol* kill them.  
So do *pesticides, herbicides, and chemical fertilizers*.  
*EMF's* from household appliances weaken them.

In short, anything that hurts them, hurts us.

### We Need Probiotic Digestive Aid:

- Whenever we seek to *improve our health*;
- Whenever there is a *persistent infection*;
- As protection from *food poisoning*;
- Always during and after *taking antibiotics*;
- When *high cholesterol* is a problem;
- Before and during *menopause*;
- When *osteoporosis* is a concern;
- When receiving *radiation* therapy;
- If we have *acne, allergies, arthritis, cancer, etc*.

### Probiotics: The Friendly Bacteria

#### ProTerra Digestive Aid.

The Most Potent Probiotic Available  
A Two Month Supply. \$39.95 Visa / MasterCard